

# Resources

## **ABUSE/NEGLECT/ EXPLOITATION**

Adult Protective Services  
(303) 441-1000

## **DOMESTIC/FAMILY VIOLENCE**

Safe Shelter of St. Vrain Valley  
(303) 772-4422

Safehouse Progressive Alliance for  
Nonviolence (SPAN)  
(303) 444-2424

Restraining Order Information Line  
(303) 441-3775

## **SEXUAL ASSAULT**

Moving to End Sexual Assault  
(MESA)  
(303) 443-7300

## **FINANCIAL EXPLOITATION**

Community Protection Division,  
DA's Office  
(303) 441-3700

## **HELP FOR NURSING HOME & ASSISTED LIVING RESIDENTS**

Long-term Care Ombudsman  
(303) 441-1173

## **INFORMATION AND ASSISTANCE CONNECT!**

(303) 441-1617  
or

[www.bouldercountyhelp.org](http://www.bouldercountyhelp.org)



## **Police**

Call **911** in the event of an emergency  
Non-emergency police numbers:

**Boulder — (303) 441-3333**

**Longmont — (303) 651-8501**

**Lafayette — (303) 665-5571**

**Louisville — (303) 441-4444**

**Erie — (303) 441-4444**

**Nederland — (303) 258-3250**

**Sheriff's Office — (303) 441-4444**



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***Is a loved one  
or caregiver hurting  
you or an older adult  
that you know?***



**Abuse in later life: a guide for  
persons age 50 and older and  
concerned others**

## ***You are not alone.***

## ***Signs of abuse, neglect, or exploitation.***

### Abuse can happen to women and men of any age.

Does a spouse/partner, family member, or caregiver (paid or unpaid):

- Shame, humiliate, embarrass, or call you bad names?
- Threaten to put you in a nursing home?
- Keep you from seeing family, friends, or others?
- Control your activities and whereabouts?
- Take control of money or legal documents?
- Insist on making decisions for you?
- Threaten to hurt you, him/herself, or pets?
- Take, destroy, damage, sell, or give away things that are important or meaningful?
- Keep details about finances and property from you?
- Take money needed to pay bills?
- Insist that you sign documents that are confusing or concerning?
- Hit, slap, shove, or otherwise physically hurt you?
- Neglect or ignore your health, care, or emotional needs?
- Force unwanted touching, sexual acts, or the viewing of pornographic materials?

If you said yes to any of these, or if you've witnessed an older adult being treated in any of these ways, help is available.



It is estimated that between 4-6% of all older adults experience abuse, neglect, or exploitation. Abuse in later life is a serious problem that can have devastating physical, emotional, and financial consequences. It can be difficult to talk about what is happening. You may feel that another's personal matters are private to that individual. But no one *ever* deserves to be abused.

All older adults have rights. Please get help if you think you, or another older adult is being abused.