

Resources

ABUSE/NEGLECT/ EXPLOITATION

Adult Protective Services
(303) 441-1000

DOMESTIC/FAMILY VIOLENCE

Safe Shelter of St. Vrain Valley
(303) 772-4422

Safehouse Progressive Alliance for
Nonviolence (SPAN)
(303) 444-2424

Restraining Order Information Line
(303) 441-3775

SEXUAL ASSAULT

Moving to End Sexual Assault
(MESA)
(303) 443-7300

FINANCIAL EXPLOITATION

Community Protection Division,
DA's Office
(303) 441-3700

HELP FOR NURSING HOME & ASSISTED LIVING RESIDENTS

Long-term Care Ombudsman
(303) 441-1173

INFORMATION AND ASSISTANCE CONNECT!

(303) 441-1617
or

www.bouldercountyhelp.org



Police

Call **911** in the event of an emergency
Non-emergency police numbers:

Boulder — (303) 441-3333

Longmont — (303) 651-8501

Lafayette — (303) 665-5571

Louisville — (303) 441-4444

Erie — (303) 441-4444

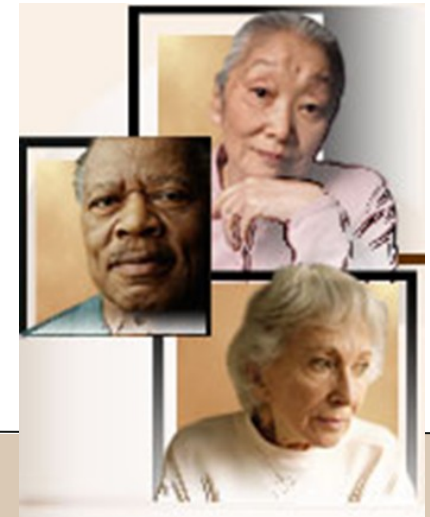
Nederland — (303) 258-3250

Sheriff's Office — (303) 441-4444



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***Is a loved one
or caregiver hurting
you or an older adult
that you know?***



**Abuse in later life: a guide for
persons age 50 and older and
concerned others**

You are not alone.

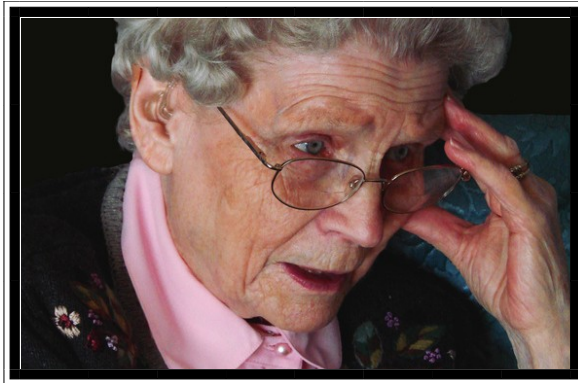
Signs of abuse, neglect, or exploitation.

Abuse can happen to women and men of any age.

Does a spouse/partner, family member, or caregiver (paid or unpaid):

- Shame, humiliate, embarrass, or call you bad names?
- Threaten to put you in a nursing home?
- Keep you from seeing family, friends, or others?
- Control your activities and whereabouts?
- Take control of money or legal documents?
- Insist on making decisions for you?
- Threaten to hurt you, him/herself, or pets?
- Take, destroy, damage, sell, or give away things that are important or meaningful?
- Keep details about finances and property from you?
- Take money needed to pay bills?
- Insist that you sign documents that are confusing or concerning?
- Hit, slap, shove, or otherwise physically hurt you?
- Neglect or ignore your health, care, or emotional needs?
- Force unwanted touching, sexual acts, or the viewing of pornographic materials?

If you said yes to any of these, or if you've witnessed an older adult being treated in any of these ways, help is available.



It is estimated that between 4-6% of all older adults experience abuse, neglect, or exploitation. Abuse in later life is a serious problem that can have devastating physical, emotional, and financial consequences. It can be difficult to talk about what is happening. You may feel that another's personal matters are private to that individual. But no one *ever* deserves to be abused.

All older adults have rights. Please get help if you think you, or another older adult is being abused.